

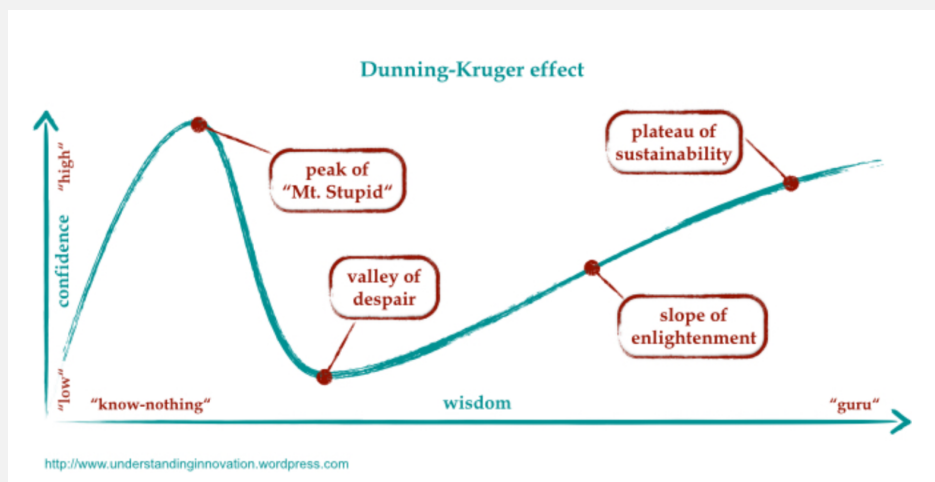


instructor corner

Hannah Petersen, B.A., Piano Instructor

Remember How Far You've Come: Acknowledging and Understanding Progress

Along most people's musical journeys, they get to a point where it seems that progress is very minimal and has maybe stopped in some way. This can often lead many to feel discouraged and maybe even give up on learning altogether. There's an interesting theory called the "Dunning-Kruger Effect" that maps out what this can look like for most people trying to learn a new skill. It looks something like this:



On the X-Axis, we have wisdom; or how much you know about the skill on a scale from "know-nothing" to "guru". On the Y-Axis, we have confidence in your ability to do said skill on a scale from low to high.

The first milestone you reach as you've started the learning process is the "Peak of 'Mt. Stupid'". Very silly name, I know. Think of the phrase "ignorance is bliss": you don't know what you don't know! Since you've started from ground zero and know very little about the subject; any progress you make is positive and seems to be quite a lot. Then you reach this peak and start to realize maybe you don't know as much as you thought, or you see someone else who has been doing this thing for a while and so their knowledge and skills are incredible. This tends to make people fall into the "valley of despair" where things have now gotten more difficult, you start to realize more and more that there are so many layers to this new skill that you hadn't even thought of. Many people at this point unfortunately give up, even though that's the exact opposite of what you should do!

If you soldier on through, keeping up with practicing and lessons, you'll find yourself on a steady track on the "slope of enlightenment", where you realize and accept the things you don't know, but you also recognize the progress you've made so far! Finally you'll reach the "plateau of sustainability" where you can easily teach yourself new pieces, enjoy your own playing and feel confident in the knowledge and abilities you now have with this new skill. So keep on going and don't give up!

upcoming events



**JULY
1**

Isai Trejo's Birthday



**JULY
2**

David Rueda's Birthday



**JULY
19**

SAMA student bands performing
at THE COVE (4pm - 8pm)



**JULY
26**

Piano Recital by
SAMA Instructor Dr. Eric Young
at UIW (1:15pm)

DR. ERIC YOUNG
SAMA Piano Instructor



Piano Recital

JULY 26 | 1:15pm

At Luella Bennack Music
Center (UIW)

Open to the Public
Free Admission



**AUG
3**

SUMMER SEND-OFF
@ The Rock at La Cantera
feat. SAMA student bands

Join us for the
**Summer
Send-Off**
AUG 3



**At The Rock at
La Cantera!**



Local vendors
are invited to
setup a booth.
For more info,
please contact
the front desk.

contact@samusicacademy.com

student of the month

Jude J.

is a shining light. She comes to class consistently, with an open mind and a desire to learn and grow. It's clear she genuinely loves music and derives real joy from her lessons. Her work ethic is exceptional—outweighed only by her consistently positive attitude!"

Olivia Spencer, Piano Instructor



student accomplishments



Congratulations to Victoria M., student of Khadijah Enriquez, for being accepted into the GRAMMY Museum's GRAMMY Camp! She'll be heading to Los Angeles for a week of learning and inspiration with music industry pros.



Congratulations to Natalie D., student of Khadijah Enriquez, on her promotion from Sinfonietta Orchestra to Concertino Orchestra with Youth Orchestra of San Antonio!



Congratulations to Lakely W., student of Khadijah Enriquez, for being cast as a nun in the junior production of *Sister Act* at the Wonder Theatre!



Congratulations to Charlee G., student of Khadijah Enriquez, for being cast as Tina in the junior production of *Sister Act* at the Wonder Theatre!