

SAMA MONTHLY

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INSTRUCTOR CORNER

KEEPING YOUR INSTRUMENT IN TUNE



No instruments make music by themselves. Their value is revealed when someone has the audacity to pick them up and try to make them sing. Our capacity as humans to act upon the world and our ability to breathe life into

inanimate objects represents the most fundamental aspect of instruments, the maintenance of which allows us to sustain at minimum a functional level of performance. The benefits of understanding and caring for oneself stretch far beyond the boundaries of making music.

Three big areas requiring routine self-assessment include the heart, mind, and body, none of which is exclusive of the others.

When an honest, sincere decision is made to find joy in interaction with something beyond oneself, the mind is freed of its burden to convince a reluctant heart to continue forward and may more fully tend to the task itself. With clarity of mind, directed coordination of the body becomes more effortless. When the body may move more efficiently, it becomes "at home," and the resulting synchronicity is a joy for the heart. Genuine engagement in an experience with the totality of one's being holds greater significance than the conquering of ambitious repertoire. It is a real achievement which, when felt and continually nurtured, creates space for itself to become manifested at depth in endeavors beyond the practice room.

- Thomas Fedorchik, Piano Instructor

STUDENT OF THE MONTH

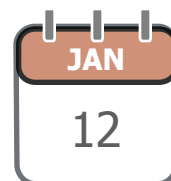
GIOVANNI D.

"Never failing to go above and beyond every week, Giovanni has shown such talent, promise, and dedication that there are no doubts he will go far. I can't recall one lesson where he did not complete to proficiency every song I had assigned the week before. SAMA is blessed to have such a diligent student!"

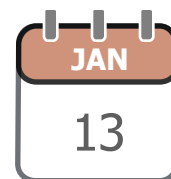
- Catalina Garcia, Piano Instructor



UPCOMING EVENTS



Adult Jam Session



WINTER RECITAL
@ RBC Sheet Music



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