June 2016 ISSUE 68

## SAMA MONTHLY

www.samusicacademy.com



"So, did you have a good lesson?" - a valid question and one that poses lots of interesting ideas about what defines a good lesson. How can we rephrase that question to encourage progress rather than simply checking that box for the week?

So much of the time we encounter the wrong kind of

motivation to do well at something. Is it truly about being the best artist one can be or is it merely a race to the top? In no way is it bad or wrong to have long term goals, but setting them down for ourselves so concretely can be destructive in the sense that it could hinder our full potential. Rather let's look at the weekly lesson as an opportunity to master smaller challenges instead of trying to hit full potential every single time.

I believe that the driving forces of our motivation for weekly improvement should change from "did you have a good lesson?" to "did you achieve this week's goals?". They don't have to be huge impressive ones either. Trust that your instructor will pick up on that work that was put into the project. Find that one measure, that one phrase that has been haunting your last few lessons and master it. With that kind of dedication the music will come to life, the story behind it will reveal itself, and that is when true art has been made.

Voice instructor, Sarah Miga

## **UPCOMING EVENTS:**





SAMA Elite and Last Minute (SAMA Ensemble Grp) perform at Make Music San Antonio @ La Villita





Andrew Perez Birthday





Roland Guerrero Birthday





Studio Holiday

Congratulations to all of our 2016 Spring Recital performers! Each and every one of you did an outstanding job! For those of you who didn't participate or for those of you itching to get back on stage, your next chance to perform will be September 18th at our Back-to-School Recital. We can't wait to see everyone up on stage!

hotos taken from our Facebook Page





