

SAMA MONTHLY

www.samusicacademy.com



WELCOME TO SAMA!

Damian attended the University of North Texas where he graduated with a bachelor's degree in jazz piano performance. Damian has participated in the Stanford University Jazz Residency and the University of North Texas Jazz Workshop. Damian has continued to receive distinction and honor throughout his career as a pianist including the Piano Achievement Award from

Texas State University's School of Music. Damian maintains an active performance and teaching schedule in the hopes of passing on his love of music to others.

To view Damian's full schedule, please visit:
www.samusicacademy.com/damian-garza

Student of the Month

ALANA F.

"She is a stellar piano student who always practices, learns quickly, and loves music. She comes to every lesson happy, prepared, and ready to learn."

- Mark Campbell,
piano instructor



Instructor Corner

It's about that time again!

We're coming up on our winter recitals and performances! For many of us, the idea of upcoming recitals makes us feel scared or nervous, but that's ok! We all get nervous before any kind of performance and thankfully there are many ways to get past those nerves and give a great performance.

As you approach your recital, practice your pieces in the order you will perform them and, if you can, find people to play for. Even if it just means having a couple of people come and listen to you play, it will give you a chance to play in front of people before you

go in front of a larger audience. For some people it can be really helpful to practice while wearing the outfit you plan to wear for the performance so that you can be sure that you'll be comfortable and still able to effectively play or sing your music. On the day of the recital be sure to have gotten a good night sleep the night before and, of course, have something to eat before you arrive so that you aren't performing on an empty stomach.

Even though these ideas won't completely kill your performance anxiety, they will at least help to minimize the stress so that you feel prepared and ready to go. Overall, just know

that if you have practiced and have done the work to learn your music then you'll have a great performance! No matter what happens, be confident, play your best, and above all, have fun! Enjoy the music and the chance to share all of your hard work with other people!

-Michelle Sirois,
SAMA Piano Instructor



Winter Recitals

LOL Comedy Club 12/06/15
RBC Piano Recital 12/19/15

Studio Holidays

SAMA will be closed December 20th through January 3rd. We will reopen on Monday, January 4, 2016th. Wishing everyone a safe and happy holiday!

