

SAMA MONTHLY

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INSTRUCTOR CORNER



RAISING THE BAR - ONE PRACTICE SESSION AT A TIME

through a couple of lines at a time and sometimes it's a bigger goal, like making it through the whole piece at tempo.

At the end of each lesson I like to ask my students what they think a good goal for the week might be. Sometimes they want to make things easy for themselves and set the bar a little too low, so we try to raise it just a bit each week. The idea is to set goals that are manageable and can be accomplished within the week, but that still presents a challenge and will require some focus and diligent practice.

So next time you sit down to practice, try to set a goal for that practice session! Have something concrete to accomplish that works towards your overall goal for the week! Each time, try to aim a little higher and set goals that challenge you more each time!

- Michelle Sirois, Piano Instructor

Often, at the beginning of a lesson, I like to recap the last week's lesson and ask my students to recall what we discussed in the last lesson and what goals we had set for the coming week. I try to encourage students to set more concrete weekly goals for themselves in each piece they are working on; whether that's simply playing a section straight through hands together, or attaining that faster tempo, or focusing on the dynamics throughout. I think one of the most important things you can do is to have a solid goal for each practice session that focuses on something you covered in your lesson. For me, sometimes that's just getting

Gaewkwan K.

STUDENT OF THE MONTH 🎵



Gaewkwan's progress is every bit of the word impressive!

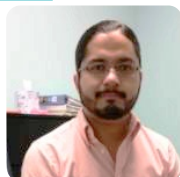
She began violin a few months ago and after rapidly finishing her first violin book, is now well into the Suzuki Violin Method. Gaewkwan's progress is the perfect example of unwavering parental support, dedication to her violin, and a whole lot of practicing. She is a role model student!

- Shane Duyvené de Wit

WELCOME TO SAMA



Catalina Garcia
Piano Instructor



Daniel Paquot
Piano Instructor



Rachel Stern
Voice Instructor

UPCOMING EVENTS



Studio Holiday



Rachel Stern's Bday



Adult Jam Session



The Feedback performs at Leon Valley's Grandparents Day



Back-to-School Recitals
@ RBC Sheet Music



Back-to-School Recital
@ LOL Comedy Club



Maria Crystalia's Bday



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